

All of the plants in this product are well known for their immune strengthening properties and their ability to fight infection.

Ingredients: *Echinacea angustifolia* root, *Echinacea purpurea* root, Pau d'arco bark (*Tabebuia avellanedae/Tabebuia heptaphylla*), grape seed extract (*Vitis vinifera*), licorice root (*Glycyrrhiza glabra*), astragalus root extract (*Astragalus membranaceus*), red ginseng root and leaf (*Panax ginseng*), ginger rhizome (*Zingiber officinalis*), cat's claw bark (*Uncaria tomentosa*), yerba mate leaves (*Ilex paraguariensis*), Mexican sarsaparilla root (*Hemidesmus indicus*), oregano leaf extract (*Origanum vulgare*), Siberian ginseng root extract (*Eleutherococcus senticosus*), anticaking agent: magnesium salts of fatty acids, vegetable capsule (glazing agent: hydroxypropylmethylcellulose; purified water).

Nutritional information:

	4 capsules (2 372 mg)	8 capsules (4 744 mg)
<i>Echinacea angustifolia</i>	164 mg	328 mg
<i>Echinacea purpurea</i>	164 mg	328 mg
Pau d'arco	164 mg	328 mg
Grape seed (80% proanthocyanidins)	164 mg	328 mg
Licorice	164 mg	328 mg
Astragalus (3% astragalosides)	160 mg	320 mg
Red ginseng (20% ginsenosides)	160 mg	320 mg
Ginger	160 mg	320 mg
Cat's claw (3% alkaloids)	160 mg	320 mg
Yerba mate	160 mg	320 mg
Mexican sarsaparilla	160 mg	320 mg
Oregano (30% carvacrol)	120 mg	240 mg
Siberian ginseng (0,8% eleutherosides)	88 mg	176 mg

Size and format:

60 and 180 vegetable capsules.

Recommended daily dose:

2–4 capsules twice daily with meals.

Do not exceed the stated recommended daily dose.

Indication and uses:

All of the plants in this product are well known for their immune strengthening properties and their ability to fight infection. Common cold and flu.

Cautions:

Its use is not recommended while pregnant or breastfeeding. Consult with a professional before taking this product if you are taking medication or have special medical conditions.

Do not use if you are allergic to plants in the *Asteraceae/ Compositae*/Daisy family.

Echinacea angustifolia and purpurea: These contain glycosides (1%), essential oil (1.25%), essential fatty acids, phyto-sterols, alkaloids (0.0065%), betaine (1%), flavonoids, tannins, insulin, pentosans, reducing sugars and vitamin C.

Their medicinal properties include:

Immune stimulant	Antibiotic	Anti-flu	Fungicide and bactericide
Salivary secretion stimulant	Antiviral	Blood purifying	Anti-diarrhoeic
Sudorific	Anti-inflammatory	Detoxifying	Scar-forming
Anti-allergy	Antiseptic		

PAU D'ARCO: This has anti-inflammatory, antifungal, antibacterial and anti-parasitic properties, and is well known for its beneficial effects on the immune system.

ASTRAGALUS ROOT AND LICORICE ROOT: Both have an enormously positive effect on the immune system, above all on T cell function and interferon production. T cells contribute to cell immunity and defend the body against viruses, bacteria, fungi and parasites. The presence of these cells is particularly important after cancer therapy. Due to their energetic and immune effects, these roots help defend the body from diseases (infectious) while restoring the immune system when weakened by disease. Astragalus root is also a tonic for circulation.

YERBA MATE: This plant comes from Brazil. It strengthens the immune system and is considered by many to be a good antibiotic. It's an excellent body tonic. Among its traditional uses, its use as a treatment for colds, fever, arthritis and allergy stand out.

CAT'S CLAW: This contains alkaloids and steroids. It pertains to the rubiaceae family. Its main properties are: Immune-stimulant, anti-inflammatory, anti-free radical, anti-mutagenic and cytostatic, antiviral, detoxifying and therapeutic for the digestive tract, anti-allergy, detoxifying for environmental toxins and antiplatelet.

GINGER: Ginger contains zingerone, camphene, phellandrene, cineol, borneol, citral and gingerol. It has antispasmodic properties, it relaxes and smooths the respiratory and gastrointestinal tracts. It stimulates circulation.

SARSAPARILLA: Indicated for blood purification, skin rash, arthritis, rheumatism and uric acid accumulation. This plant should not be administered in cases of acute nephritis due to possible irritation in the kidneys.

RED PANAX GINSENG: With stimulant and energetic properties, red panax ginseng regulates blood pressure, decreasing cholesterol. It stimulates the central nervous system and suppresses the sensation of fatigue. It activates protein and nucleic acid exchange.

OREGANO: This plant has been the object of numerous studies confirming its antibacterial, anti-parasitic, antifungal and immune-stimulating activities, among other functions. Among its major compounds, carvacrol and thymol stand out, which are responsible for the powerful antibacterial activity which makes this plant an effective remedy in the prevention and treatment of respiratory infections, parasitic infections, candidiasis, insect bites, athlete's foot and other infections caused by microorganisms sensitive to carvacrol such as those found in certain gastrointestinal pathologies.

SIBERIAN GINSENG: This has antioxidant and immune-strengthening properties. It's especially recommended for cases of excessive stress (its anti-stress effect comes from the reinforcement of adrenaline gland function) and states of convalescence.