

Vitamin C8



8 ways to get more antioxidant protection from your Vitamin C



90 vegetable capsules

- ➔ Poly-ascorbates for prolonged assimilation.
- ➔ Non-acidifying formula.
- ➔ Reinforced by powerful antioxidants.
- ➔ With bioflavonoids, piperine, and enzymes to increase bioavailability.

8 forms of vitamin C: from

- calcium ascorbate
- magnesium ascorbate
- potassium ascorbate
- sodium ascorbate
- zinc ascorbate
- manganese ascorbate
- ascorbic acid
- ascorbyl palmitate

Nutritional information: 2 capsules (1 994 mg)

Vitamin C (from L-ascorbate from Ca, Mg, Na, K, Zn, Mn, L-ascorbic acid and L-ascorbyl 6-palmitate)	1 054 mg (1 318%*)
Zinc	18 mg (180%*)
Manganese	3,1 mg (156%*)
Selenium	30 µg (55%*)
Citrus bioflavonoids (50% hesperidin)	40 mg
Quercetin	40 mg
Rutin (<i>Styphnolobium japonicum</i>)	40 mg
Green Tea (75% EGCG)	60 mg
<i>Fallopia japonica</i> (50% resveratrol)	20 mg
Berry blend (20% multianthocyanidins)	50 mg
Bilberry (25% anthocyanosides)	20 mg
Grape seed (95% proanthocyanidins)	40 mg
Cranberry (107:1)	40 mg
Piperine (from black pepper)	2 mg
Bromelain (2 400 GDU/g) (10 mg)	360 000 FCC-PU
Papain (<i>Carica papaya</i>) (1 mg)	100 000 FCC-PU

*NRV: Nutrient Reference Value in %

Highlights:

- Our formulation offers a superior form of vitamin C since it includes an ascorbate-mineral and ascorbyl palmitate complex for better absorption, and is non-acidifying so it is mild on the stomach.
- Citrus bioflavonoids have been included in this formulation to maximize the effects of vitamin C since these compounds have been shown to increase its bioavailability by 35%, according to research^(1,2,3).
- The green tea extract is highly powerful (each capsule is the equivalent of 3 cups of green tea) with 75% epigallocatechin gallate (EGCG) guaranteed.
- Berry mix, blueberry extract, grapeseed extract, cranberry extract: Proanthocyanidins, anthocyanidins and cyanidins are flavonoids that exert a powerful antioxidant action.
- Resveratrol is essential for anti-ageing therapies, and its benefits are associated with cardiovascular health and longevity⁽⁴⁾.
- Piperine is an alkaloid that has been shown to strengthen the bioavailability of other active principles, increase the absorption of other nutraceuticals and extend the therapeutic effect of VITAMIN-C8⁽⁵⁾.
- Bromelain and papain increase the bioavailability of the ascorbate-nutraceutical matrix, and have recognized anti-inflammatory activity^(6,7).

Recommended daily dose:

1 capsule twice daily with food.

References:

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- 6) 16) Hung, T. H., Chang, Y. M., Sung, H. Y., & Chang, C. T. (2002). Purification and characterization of hydrolase with chitinase and chitosanase activity from commercial stem bromelain. *Journal of agricultural and food chemistry*, 50(16), 4666-4673.
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