

» HAIR & SCALP

EXCLUSIVE FORMULA OF 18 NUTRIENTS TO FAVOUR HAIR HEALTH



INFORMATION EXCLUSIVELY FOR HEALTH-CARE PROFESSIONALS







ORIGIN OF ALOPECIA

ANDROGENIC ALOPECIA

GENETIC INHERITANCE & ANDROGENIC HORMONE ACTIVITY



Hypertrophy of the pilosebaceous glands (sebaceous hypersecretion and associated seborrhoea)

Shrinkage and degeneration of hair follicles and reduced microcirculation of the hair bulb

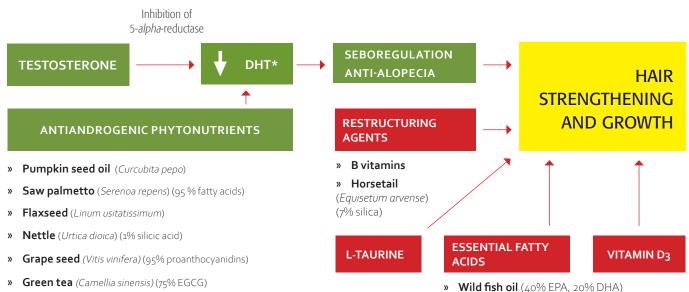
Shorter and faster hair cycles

NON-ANDROGENIC ALOPECIA

- » Nutritional deficiencies
- Stress
- » Hormonal imbalance
- » Scalp infections
- » Chronic diseases
- » Certain medication

» Environmental contaminants (free radicals)

BENEFICIAL NUTRIENTS FOR HAIR HEALTH



*DHT: Dihydrotestosterone

- **Evening primrose** (*Oenothera biennis*) (10% GLA)

ANTIANDROGENIC PHYTONUTRIENTS

(INHIBITORS OF 5-ALPHA-REDUCTASE)

Pumpkin seed (1)	 Rich in polyunsaturated fatty acids, phytosterols, tocopherol and carotenoids, Zn, Mg and Se. Anti-alopecia and seboregulating activity.
Saw palmetto ②	 Source of beta-sitosterols which inhibit the 5-alpha-reductase. Antiestrogenic.
Flaxseed (9	 Phytoestrogenic, antioxidant and chemoprotective properties. Anti-alopecia action, inhibits the 5-alpha-reductase enzyme.
Green tea (4)	 EGCG has inhibitory effect (5-alpha-reductase). Stimulates hair growth in the follicle.
Nettle (5)	 Scalp regeneration, fighting dandruff and seborrhoea. Proven efficacy: In combination with saw palmetto.
Grape seed (6)	 Stimulation of the anagen phase of the hair cycle. Activation of microcirculation in the hair bulb (entry of nutrients).

RESTRUCTURING AGENTS

Horsetail Ø	• Activity in hair, skin and nails. Tones the hair follicle and anti-dandruff agent.
Vitamin B ₃ (8)	• Increases the blood flow in the scalp and favours hair growth.
Vitamin B ₅ (9)	 Deficiency is associated with hair loss. Absolutely necessary for healthy skin and nails.
Vitamin B ₂ (10)	 Essential for protein metabolism, helps conserve and repair skin, nails and hair.
Vitamin B _B (11)	Essential for the metabolism of Zn and the synthesis of cysteine (keratin formation).
D-Biotin (12)	 Deficiency is associated with alopecia and cutaneous eruption. Efficacy for brittle nails and dermatitis.
Folate (13)	 Essential for methionine metabolism (keratin formation in hair, skin and nails).
Vitamin B ₁₂ (14)	 Synergy with folate in the synthesis of sulphur amino acids with an antianemic function.

OTHER ACTIVES



- **Sulphur amino acid** with a great affinity for the **hair bulb** (keratin synthesis).
- **Blocks the protein** TGF β which is responsible for follicular **inflammation** and shrinkage.

Essential fatty acids (16-17)

- Fish oil: reduces flaking and dryness. Anit-inflammatory action.
- **Evening primrose**: brittle nails and alopecia. **Dermatitis**, **acne**, etc.

Vitamin D₃ (18)

- Critical co-factor in hair metabolism.
- **Stimulates** hair follicle **growth** and hair fibre **production**.

ANDROGENIC ALOPECIA AND PROSTATE

A meta-analysis of 17 studies involving more than 68 000 patients confirmed that (19):

- » Male pattern baldness is associated » There is statistically significant with prostate cancer as well as benign prostatic hyperplasia (BPH).
 - association between vertex baldness (crown) and prostate cancer.
- » No association between vertex, frontal plus vertex hair loss pattern and BPH.

The connecting link is the **5-alpha-reductase** present in the hair follicles and the prostate and which transforms testosterone into dihydrotestosterone (DHT). High DHT levels are associated with androgenic alopecia and BPH.

HIGHLIGHTS

- » Complete formulation with phytoantiandrogenic agents, an anti-hair loss multivitamin complex, essential fatty acids and L-taurine.
- » Highly concentrated antiandrogenic phytonutrients: Organic pumpkin seed oil (400 mg/softgel); saw palmetto (185 mg/softgel); flaxseed, grapeseed (95% proanthocyanidins), green
- tea (75% EGCG), nettle (1% silicic acid).
- » Anti-hair loss multivitamin complex $(B_3, B_5, B_2, B_6, D-biotin, folic acid, B_{12})$ and vitamin D) and horsetail (150 mg/ softgel) for a greater restructuring effect.
- » Omega-3 essential fatty acids (40%
- EPA and 20% DHA), obtained from small species of fish and evening primrose (10% GLA).
- » High content in L-taurine (240 mg/ softgel).
- » Strengthens and revitalises hair and prevents hair loss, and provides nutrition for skin and nail care.

Nutritional information:	1 softgel
Pumpkin seed oil	400 mg
L-taurine	240 mg
Saw palmetto (95% fatty acids)	185 mg
Horsetail (7% silica)	150 mg
Evening primrose (10% GLA)	100 mg
Fish oil (40% EPA, 20% DHA)	50 mg
Flaxseed	50 mg
Nettle	50 mg
Grape seed (95 % proantocianidinas)	35 mg
Green tea (75% EGCG)	35 mg
Apple (5% proanthocyanidins B ₂)	12 mg
Niacin (vit. B ₃)	8 mg (50%*)
Pantothenic acid (vit. B ₅)	7,3 mg (122%*)
Riboflavin (vit. B ₂)	1,5 mg (107%*)
Vitamin B ₆ (pyridoxine)	1,7 mg (121%*)
D-Biotin	150 µg (300%*)
Folate (calcium-L-methylfolate)	50 μg (25%*)
Vitamin B ₁₂ (methylcobalamin)	25 μg (1 000%*)
Vitamin D₃ (cholecalciferol)	12,5 μg (500 IU) (250%*)
*NRV: Nutrient Reference Value in %	



Recommended daily dose:

1-2 softgels daily with food.

Format:

60 softgels (code FE1555)

Indications:

- » Male and female androgenic alopecia and seasonal alopecia.
- Devitalized, dry and rough hair.
- Menopausal women and men experiencing agerelated hormonal changes.
- Brittle, fragile and discoloured nails.
- Skin care (acne, blackheads, flaking).

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