

NEW ROOTS

NATURAL HEALTH PRODUCTS
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HERBAL

» DETOXIFICATION PROGRAMME



- Exclusive information for health-care professionals-





DETOXIFICATION

is the process of transforming and neutralizing toxins, and then excreting them from the body. Our bodies are designed to handle different toxins, but with the increase of chemicals in our environment, they accumulate overtime.

The main organs and systems involved in detoxification include the

liver, kidneys, bowels, skin (through sweat), and the lymphatic system. When thinking about doing a detox, it's important to identify which of the organs or systems are "stressed" and need a little extra support.

As is true for all naturopathic protocols, an individualized approach is recommended.

01

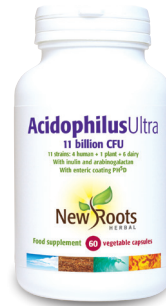
DETOXIFICATION AND CLEANSING

Duration: 3 weeks



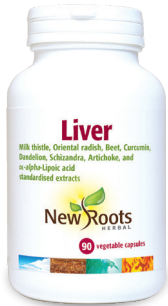
METAL DETOX PROTECTOR. Contains N-acetylcysteine, vitamin C and alpha lipoic acid. Helps eliminate heavy metals. Due to its antioxidant properties and ability to chelate heavy metals, this formula can be of great help for detoxification and their elimination from the body.

Dose: 1 caps. twice daily.



ACIDOPHILUS ULTRA. Cleanses, protects and regenerates the intestinal flora. Since the good bacteria are also eliminated during intestinal cleansing, their regeneration is very important. Probiotics and prebiotics, enteric-coated capsule PH5D. 11 billion beneficial bacteria per capsule, 11 different strains.

Dose: 1 caps. twice daily.



LIVER. Contains 8 ingredients that support the liver, spleen, gallbladder, pancreas and kidneys. It contains strong antioxidant properties to help protect and regenerate liver cells, as well as aiding detoxification and modulating the immune system.

Dose: 1 caps. 3 times daily with food.



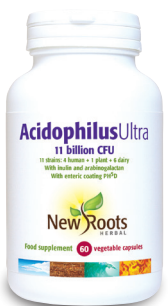
ULTRA PURIFIANT CLEANSE. Deep cleansing formula that stimulates the elimination organs and helps detoxify kidneys, blood and lymph. Anti-fungal, anti-bacterial, anti-parasitic agents such as caprylic acid, grapefruit seed and black walnut help eliminate bacteria, parasites and fungi. Detoxifying ingredients such as psyllium, bentonite and blessed thistle help eliminate toxins, including heavy metals and waste products.

Dose: 5 caps. twice daily before meals.

02

IMMUNE STRENGTHENING AND REGENERATION OF THE INTESTINAL FLORAL

Duration: 8 weeks



ACIDOPHILUS ULTRA Probiotics and prebiotics that cleanse, protect, nourish and regenerate the intestinal flora during the cleansing. 11 billion beneficial bacteria per capsule, 11 different strains.

Dose: 1 caps. twice daily.



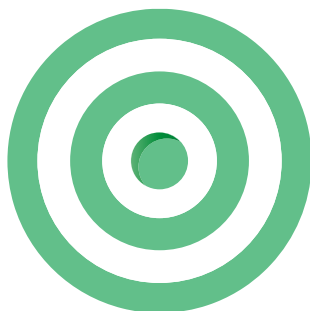
MULTI NUTRI MAX More than a multivitamin, it provides a broad spectrum of vitamins, minerals and nutrients for enhanced antioxidant protection and immune support.

Dose: 1 caps. daily.



VITAMIN C PLUS (time-release). Helps protect cells from oxidative damage, contributes to normal immune system function and energy metabolism and helps reduce tiredness and fatigue.

Dose: 1 tablet daily.



PURPOSE

To cleanse the body of toxins, heavy metals, chemical agents and other agents that are harmful for health. Detoxification favours healthy intestinal mucosa, which in turn favours waste elimination, as well as proper nutrient absorption.

It also keeps toxins from passing through

the intestinal walls and settling in the body's weak points

(kidneys, heart, spleen, brain, joints, etc) where diseases can develop (at times chronic).

To regenerate, balance and strengthen the intestinal flora. To reinforce the immune system.

PROGRAMME OVERVIEW – GENERAL DETOXIFICATION

	01 DETOXIFICATION AND CLEANSING Duration: 3 weeks	02 IMMUNE STRENGTHENING AND REGENERATION OF THE INTESTINAL FLORA Duration: 8 weeks
	week 1-3	week 4-11
Metal Detox Protector	1 caps. twice daily	-
Ultra Purifiant Cleanse	5 caps. twice daily	-
Liver	1 caps. 3 times daily	-
Acidophilus Ultra	1 caps. twice daily	1 caps. twice daily
Multi Nutri Max	-	1 caps. daily
Vitamin C Plus	-	1 tablet daily



PRODUCTS TO CONSIDER DURING THE DETOX-PROGRAMME



PSYLLIUM PLUS. (enriched fibre): Supports the elimination of toxins through the intestines and provides fast expulsion of toxic waste that has been dislodged from the intestinal walls.

WILD OREGANO. It has beneficial effects on gastrointestinal problems. It stimulates bile and enzyme secretion, supports and improves digestive function and, together with its antiseptic, antifungal and antiparasitic

properties, prevents the proliferation of pathogenic organisms in the gastrointestinal tract.

PLANT DIGESTIVE ENZYMES. An organic complex that catalyses the biochemical reactions of digestion using plant enzymes. Proper digestion increases the bioavailability of nutrients, improves food tolerance and inhibits the formation of toxins and other unfavourable substances in the digestive tract.

CLEAN FLOW. A phyto-formula that has beneficial effects on kidney function. This synergistic herbal formula works as a diuretic, antiseptic, antibiotic, tissue protector and kidney tonic. The kidney is an essential organ for detoxification, its function is to remove waste products from the blood.

PARASIT. 12 ingredients well known for their anti-parasitic properties. Some of the ingredients attack parasites, others

strengthen the immune system and protect the body from infection and others help the body expel dead parasites and promote detoxification.

PEACE GREENS. This formula supports internal cleansing and detoxification, protects against free radicals and environmental pollution, establishes a proper pH in the gut, increases vitality and strengthens the immune system.



HEAVY METAL DETOXIFICATION

For Heavy Metal detoxification we recommend to include the Modified Citrus Pectin in the first 4 weeks of the programme. It's an excellent nutrient for detoxification, as it selectively binds harmful toxins and heavy metals for urinary excretion.

[For further detail view our Heavy Metal Detoxification Programme.](#)



DETOXIFICATION IN CHILDREN

For detoxification in children as of the age of 5 years we recommend the following procedure:

	PHASE 1 (4 weeks) DETOXIFICATION AND CLEANSING	PHASE 2 (8 weeks) IMMUNE STRENGTHENING
	week 1-4	week 5-12
Modified Citrus Pectin	5 g/3 veces al día	-
Children's Pro	2 scoops daily	2 scoops daily
Children's Multi	-	1 scoop daily



MODIFIED CITRUS PECTIN. Excellent nutrient for detoxification, as it selectively binds harmful toxins and heavy metals for urinary excretion. Once in the circulatory system, it exerts a mild detoxifying action on organs and tissues throughout the body.

Dose: 1 scoop 3 times daily.



CHILDREN'S PRO. Exclusive formula based on 12 probiotic strains designed to maintain the gastrointestinal health of children from the earliest stages of life. Each dose contains 10 billion viable microorganisms with a significant presence of species that colonise the infant intestinal tract early on.

Dose: 2 scoops daily



CHILDREN'S MULTI. Complete formula of 18 essential nutrients based on vitamins and minerals of high bio-availability specially designed for children and adolescents from 3 to 12 years of age. Its administration supports children's general health by preventing nutritional imbalances that can cause immune weakness, physical and mental fatigue.

Dose: 1 scoop daily

ISO 17025

