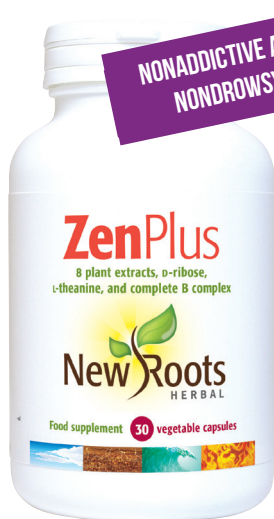


24 Ingredients to combat stress, anxiety and feeling run-down



NONADDICTIVE AND
NONDROWSY

- ➔ A synergy of plants, amino acids, vitamins and D-ribose that protects nerve health.
- ➔ Restores emotional and mental balance.
- ➔ Free of the undesired effects that stimulant drugs can cause (addiction, tolerance, hypersomnolence...).

30+60 vegetable capsules



Indications and uses:

- A combination of 8 plants with adaptogenic properties that increase physical and mental resistance to stress⁽¹⁾.
- With D-ribose, simple carbohydrate molecule found in all cells of the human body. It helps with energy production at the cellular level and improves muscle recovery time and resistance⁽²⁻⁴⁾.
- With L-Theanine that increases GABA, dopamine and serotonin, with anti-stress results⁽⁵⁾.
- With complete B-Complex, essential for the myelin sheath: they reduce stress, insomnia, anxiety and irritability⁽⁶⁻⁸⁾.

Recommended daily dose:

1-2 capsules daily with food.

Nutritional information	1 capsule
L-Theanine	100 mg
Ashwagandha (8:1, 2,5% withanolides)	125 mg
Holy basil (10% ursolic acids)	50 mg
Passionflower (4% flavonoids)	50 mg
Oat (10:1)	50 mg
Astragalus (3% astragalosides)	25 mg
D-ribose	25 mg
Phellodendron (0,1% berberine)	15 mg
Red jujube	12,5 mg
Magnolia (80% magnolol+honokiol 50:1)	7,5 mg
Thiamin (vitamin B ₁) (from 25 mg thiamin hcl)	22,3 mg (2 027%*)
Riboflavin (vit. B ₂) (from 25 mg riboflavin + 2,5 mg riboflavin-5'-phosphate sodium)	26,9 mg (1 921%*)
Niacin (vit. B ₃) (from 7,5 mg nicotinamide + 17,5 mg inositol hexanicotinate)	23,4 mg NE (146%*)
D-Pantothenic acid (vit. B ₅) (from 25 mg D-pantothenate calcium)	22,9 mg (382%*)
Vitamin B ₆ (from 25 mg pyridoxine hcl + 2,5 mg pyridoxal-5'-phosphate)	22,3 mg (1 593%*)
Inositol	25 mg
Biotin	37,5 µg (75%*)
Folate (calcium-L-methylfolate)	500 µg (250%*)
Vitamin B ₁₂ (methylcobalamin)	75 µg (3 000%*)
Choline (bitartrate)	25 mg
PABA (<i>para</i> -Aminobenzoic acid)	25 mg

*NRV Nutrient Reference Value in %

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